



Item 11 (iv)

Working Group for Older People

Sue Boyd is this group's current Chairman

Thanks to our successful fund-raising - receiving a total of £3,000 (£1,000 from Quartet) and (£2,000 from the Co-op Community Fund) we have been able to continue with our 'Pick Me Up Trips' especially for those older people who are housebound or have difficulty using public transport.

On July 10th 41 people travelled on 3 Dial-a-Ride coaches to Weston-Super-Mare. It was a most successful day - the tide was actually in and there were bursts of sunshine throughout the day.

There was much to enjoy - a stroll on the pier or a ride on the small train there, shopping in The Sovereign Shopping Centre, or just having coffee or an ice-cream on the sea front 'people watching'!

The staff at The Winter Gardens served us an excellent 2 course lunch in the balcony area of the ballroom and treated us like royalty. If that wasn't enough, afterwards we had the option of joining the tea dance taking place in the ballroom or, more likely, watching others going through their paces - the music certainly got us all going! Everyone agreed it was a really lovely day at the seaside!

Future Trips: Together with the older people already enjoying our trips we are currently compiling a list of possible trips for the future. However, as our trip to **Cadbury Garden Centre** was so successful last year where we enjoyed a lovely Christmas lunch and good opportunity to do Christmas shopping, we have decided to repeat it this year with **a trip on Tuesday, December 4th**.

List of Activities for older people: We are hoping to create a small directory of activities for older people in the Westbury-on-Trym, Henleaze and Stoke Bishop area.

Database of contacts: We are also continuing to work on increasing our database of those older people who might welcome and benefit from the activities of the Working Group for Older People. If you know of older people over 60 who may be interested please contact Sue Boyd Tel. 0117 9509621 or your local NP representative.

The Group's next meeting is scheduled for Wednesday, October 24th.

Sue Boyd, August 2012